


# Supporting your child to make decisions about their future



Information for parents and guardians

 [careerswales.gov.wales](https://careerswales.gov.wales)

 0800 028 48 44



Llywodraeth Cymru  
Welsh Government

# Our Services

We've listed the services that we provide to your child in school, sixth form or college. As part of this service, we may contact you or your child via email, text or phone to let you know more about activities, events or information that is relevant to your child's education and future career.

## Year 9, 10 and 11

One to one  
guidance  
interviews



Employer  
engagement events

Keeping in touch  
to monitor and  
review career  
plans and  
progression



### Digital support via

Our website  
Buzz Quiz  
Job Matching Quiz  
Social media  
Web chat support  
CW TV and other webcasts



Support for pupils  
with additional  
learning needs  
(ALN)



Career  
fairs at  
schools



or outside of school  
(sometimes  
organised with our  
partners)

ESF projects  
TRAC, I2A,  
Cynnydd



Information  
campaigns



Attendance at  
additional learning  
needs (ALN)  
Transition reviews

Interactive  
workshops



## Year 9, 10 and 11



Provide information on different jobs, industries and future skills

We attend parent evenings and option evenings / events in schools

We will supply a learning and skills plan for pupils with additional learning needs who are progressing to college, higher education or work based learning



Digital Support via  
Our website  
Job Matching Quiz  
Social media  
Web chat support  
CW TV and other webinars



## Young people in post 16 education



One to one support for students at risk of dropping out

  
Information campaigns



Labour Market Information (LMI)

Support for students with additional learning needs who have a learning and skills plan

Careers fairs in sixth form / college or at other venues supported by our partners

## About us

Careers Wales provides free and impartial careers information and support for anyone making education or employment decisions.

We are here to help young people and adults make career plans and decisions, to move into the right training, further learning or employment opportunities.

Our services focus on supporting customers to develop awareness and aspirations to equip them to make effective career decisions throughout their lives.

Our services can be accessed via [careerswales.gov.wales](https://careerswales.gov.wales), telephone, webchat, or by speaking to a careers adviser.

# Career journey

Your child will make important decisions throughout their years in education. Careers Wales can support you and your child in making the right decisions to help them achieve their ambitions.

Year 9

Age: 13-14

**What to think about:** The choice of GCSE subjects will have some effect on what your child can do in the future. However, choosing subjects that suit your child and their abilities is most important. If they have a career in mind think about the subjects they might need. If not, go for a good balance. This will keep their career options open later on.

**Education choice:** In either year 8 or 9 your child will choose which subjects, courses and qualifications to study in years 10 and 11.

**In school** your child will be given the opportunity to try our Buzz Quiz and Job Matching Quiz to help them discover more about their personalities and strengths and to explore job ideas.



Why not try these quizzes at home with your child on our website. Visit [careerswales.gov.wales](https://careerswales.gov.wales) and follow the Buzz Quiz and Job Matching Quiz icons on the homepage.

# Career journey continued

Year 11 Age: 15-16

**Education or career choice:** After GCSEs your child will face a number of choices. Your child could continue in full-time education in college or sixth form, consider further training such as apprenticeships or work based learning, or get a job.

**What to think about:** If your child has a career in mind, research the entry requirements and find out if any specific subjects or courses are required. This will impact on their next steps. Speak to our careers advisers at parent evenings and parent events or visit [careerswales.gov.wales](http://careerswales.gov.wales) for further support. Apprenticeships and other work based learning offer fantastic opportunities to earn and learn.

**Career Check:** Pupils will be asked to complete a questionnaire called career check in year 10 or 11. This survey will show us how far your child has got with planning for the future and what support we need to offer.

## Year 13 Age 17-18

**Education or career choice:** At this stage, your child could opt for higher education at college or university; get on the job training with an apprenticeship or higher apprenticeship; take a gap year or do some voluntary work; get a job or consider self-employment.

**What to think about:** Your child's choice of career will decide their next steps. Research entry requirements and consider all the options. These include:

- ✓ Continuing in education or training
- ✓ Apprenticeship
- ✓ Getting a job
- ✓ Volunteering
- ✓ Taking a gap year
- ✓ Starting their own business

# How can you help your child make career choices?

You will be a big influence on your child's career choices. Here are some tips on how you can help:

- Discuss their future career ideas and encourage them to think about all the options available.
- Encourage them to develop their skills through education, hobbies, interests, work experience and part-time jobs.
- Encourage them to make full use of the help available to them in school, college and from Careers Wales.
- Encourage them to research and allow them to make their own choices.
- Use [careerswales.gov.wales](https://careerswales.gov.wales) to look to the future by finding out about the job market, skills employers are looking for and employment trends.
- Show them the Buzz Quiz to discover their strengths and the Job Matching Quiz to explore job ideas.
- Attend Careers Wales events and webinars – e.g apprenticeship awareness events.





## Support available for you and your child

All schools have a careers education programme aimed at providing learners with information and experiences to help with future career ideas.

Careers advisers are available at all schools to give career information, advice and guidance and to deliver group workshops. Extra help and support is available for those with learning difficulties and/or disabilities.

Careers advisers have access to the latest Labour Market Information (LMI) which includes information about job trends, growth sectors and skills shortages.

A survival guide for students can be found on [careerswales.gov.wales](https://careerswales.gov.wales).

Our advisers are available on the telephone and through webchat. We attend school parents evenings and run events specifically for parents. Follow us on social media for the latest news and events.



# How can our website help?

Our website is full of information, tools and resources to help you and your child. You can:


- Search for information on 100's of different careers to find out more about wages, what qualifications are needed and the skills and qualities required for different jobs.
- Search and apply for apprenticeship vacancies, work based learning and job vacancies.
- Look at videos, case studies and articles.
- Use interactive tools and resources such as the Buzz Quiz and Job Matching Quiz to give ideas and plan next steps.
- Access Labour Market Information (LMI) on a range of sectors providing up to date trends, to help your child choose their careers.



# Connect with Careers Wales:

 Telephone: 0800 028 48 44

 [careerswales.gov.wales](https://careerswales.gov.wales)

 **webchat:** you or your child can chat to a member of the Careers Wales team

 **Email us:** [post@careerswales.gov.wales](mailto:post@careerswales.gov.wales)

 [careerswales](https://www.facebook.com/careerswales)  [@careerswales](https://twitter.com/careerswales)

 [careers\\_wales](https://www.instagram.com/careers_wales)  [careerswales](https://www.youtube.com/careerswales)

