

BRYN Y DERYN AND CARNEGIE NEWSLETTER

JANUARY 2021

Welcome to the first addition of our monthly newsletter. Here, you will find a collection of resources such as help guides, announcements and support services that may be of use to you.

Blended Learning Help Guides

We have put together a comprehensive guide for parents that aims to help with blended learning. This guide includes how to log in, how to access assignments and frequently asked questions. It is also uploaded to our website, [here](#).

[BYD Blended Learning Guide for Parents](#)

[CC Blended Learning Guide for Parents](#)

Of course, should you have any further questions, please don't hesitate to contact the centre.

Assessment Updates from Qualifications Wales

Follow the link for a letter from Qualifications Wales which will answer some questions you or your child may have about their exams and assessments this summer. [Click Here](#).

Estyn Parents and Carers Reference Group

Estyn are looking for parents and carers to join their reference group. The group will help them develop inspections and gather insights on different themes like Welsh History and Black, Asian and Minority Ethnic history.

They will mainly be in touch through short online surveys, usually during term time and no more than twice a month. They won't expect you to take part every time.

If you are interested, please fill in this short form. [Click Here](#).

Early Diagnosis of Type 1 Diabetes in Children

Undiagnosed Type 1 diabetes in children is a medical emergency.

Be vigilant to see if your child has ANY of the main symptoms of Type 1 diabetes. The main symptoms are known as the 4 Ts – Thirst, Toilet, Tiredness, Thinner. If you notice your child is thirsty or using the toilet more frequently, is always feeling tired, or has lost weight recently, please make an **urgent** GP appointment or contact the Out of Hours service.

NHS services are very well equipped to look after children safely if they are unwell. Please do not delay seeking medical advice because of COVID-19. [More Information](#).



F.Lux App

F.lux makes the color of your computer's display adapt to the time of day, warm at night and like sunlight during the day.

There's also settings inside the programme that completely change your computer screens colour – useful for those with dyslexia, autism or those that are uncomfortable with black text on white backgrounds. [More Information.](#)

Trussell Trust Foodbank Referral Agency

BYD and CC are a Trussell Trust Foodbank referral agency. If you feel that you would benefit from this, please call us or email schooladmin@brynyderyn.cardiff.sch.uk

The Trussell Trust Foodbank will provide short term, emergency food to individuals and families that need it. [More Information.](#)

We hope you have found the above information useful. Please don't hesitate to contact us should you have any questions.

