

BRYN Y DERYN AND CARNEGIE NEWSLETTER

DECEMBER 2021

Welcome to the December addition of our monthly newsletter. Below, you will find a collection of resources such as help guides, announcements and support services that may be of use to you.

Parents/Carers can always contact the centre by calling 02920 529 398 or emailing schooladmin@brynyderyn.cardiff.sch.uk

Centre Closure 04/01-05/01 (COVID Planning)

Bryn y Deryn, the Carnegie Centre, Pupil Inclusion Project and all over provisions will be closed to all learners on Tuesday, 4th January 2022 and Wednesday, 5th January 2022. Learners will return to all centres and provisions on Thursday, 6th January. [Please follow this link for more information.](#)

ADHD and Girls - Practical Support Strategies Webinar

The Witherslack Group are running a free webinar offering practical advice and support strategies to parents and carers who are supporting girls and young women with ADHD. [Please follow this link for more information.](#)

The Autism Spectrum – Post Diagnostic Parent Workshops

Cardiff Autism Support Team are running another set of sessions for parents and carers of young people with autism. [Please follow this link for more details and information regarding how to book your place.](#)

Parenting Support for Teenagers

The Welsh Government have created this help area providing free practical tips and expert advice for all your parenting challenges when your child is 13+. [Click here to visit the page.](#)

Qualified for the Future - Qualifications Wales Survey

Qualifications Wales want to hear learners' views regarding new qualifications and new GCSEs. [Follow this link to take the survey.](#)

Congratulations to our Year 12 Expressive Arts group!

Staff and learners had the privilege to see the final performance from our Year 12 Expressive Arts group. Click here for more.



Recommended Facebook Group – Parent Voices in Wales CIC

The Parent Voices in Wales CIC group is a great source of resources and support. [Click this link to see the group.](#)

Platform for Families January Parent Group

The next parent group starts on 25th January 2022 and runs from 10:00-12:00. If you live in Cardiff or the Vale, have a child with mental health challenges and would like to know more or register for the group, email families@platform.org

Children in Wales – Parents – the Voice of Change

Children in Wales want to give you, as parents, an opportunity to share your views and feedback, and for you to voice your opinion on a number of subjects that matter to parents. [Click the link for more information and to take the survey.](#)

Hwb Digital Resources

The Welsh Government Young Person's Mental Health Toolkit is here to help. The digital resources available on Hwb are a quick and easy way for children and young people to access a range of resources and help them find support. The six sections link to websites, apps, helplines and more. [Please follow this link for more information.](#)

Winter Fuel Support Scheme

Applications for the 'Winter Fuel Support Scheme' are now open and people receiving certain benefits have until 18th February 2022 to apply to receive the £100 payment from their local council. [Please follow this link for more information.](#)

CALL Helpline Wales

Christmas can be a very stressful time of year. CALL helpline is open 24/7 to offer support, advice and signposting across Wales. Call 0800 132 737 or text 'help' to 81066.

We hope you have found the above information useful. Please don't hesitate to contact us should you have any questions.

