

## **BRYN Y DERYN AND CARNEGIE NEWSLETTER**

**NOVEMBER 2021**

Welcome to the November addition of our monthly newsletter. Below, you will find a collection of resources such as help guides, announcements and support services that may be of use to you.

### **Anti-Bullying Week**

From 15<sup>th</sup> to 19<sup>th</sup> November, we acknowledged Anti-Bullying Week. The theme this year was One Kind Word. Learners and staff used pastoral time to explore this and discuss why being kind is important. [Follow this link to see the unity flags created by learners.](#)

### **COVID Guidance – Test, Trace, Protect**

TTP have provided us with this handy flowchart to explain what to do if your child is unwell. [More information here.](#)

### **Cardiff and Vale College Open Evenings**

If your child is thinking about college, CAVC's open evenings are a great way to get more information, meet staff and choose courses. They are now taking bookings for their December open evenings. [More information here.](#)

### **Sensory Calming Techniques for Young People**

Activities and ideas to help provide sensory calming input to our bodies. [More information here.](#)

### **Young Minds – The Big Young People's Survey**

Young Minds (the UK's leading mental health charity for young people) are running The Big Young People's Survey as they want to know what young people think needs to change. [Click here for more information and how to take the survey.](#)

### **Emotional Wellbeing and Mental Health Website for Young People**

Cardiff and Vale University Health Board alongside the Youth Board have created a new emotional wellbeing and mental health website for children and young people in the area. [To visit the website please follow this link.](#)

### **Carnegie Year 11 Cooking Assessments**



Our year 11 Carnegie learners completed their cooking assessments. We were all so impressed by how professionally they worked and how delicious their dishes were. [Follow this link to view the gallery.](#)

### **Learning Through Landscapes Carnegie Session**

This month, Julie from Learning Through Landscapes visit the Carnegie Centre to give a gardening and wildlife session to our learners. Our learners had so much fun getting outside (even in the cold) and it's safe to say we all took something away from the session. [Follow this link to see what we got up to.](#)

### **Art at Bryn y Deryn**

Our Bryn y Deryn learners have been creating some beautiful pieces of art so far this term. [Browse the galleries by following this link.](#)

We hope you have found the above information useful. Please don't hesitate to contact us should you have any questions.

